



PRESSALIT®



## Height Adjustable Kitchens

For people with reduced functional capacity, using a kitchen and its many different features can be a major challenge - unless it incorporates accessible, flexible solutions. Choosing a height adjustable kitchen enables everyone to participate.



# The Flexible Kitchen

## Practicality, Design and Accessibility

Being able to adjust the height of your kitchen makes room for everyone. Whether standing or sitting, they can all use the kitchen and participate in activities on the worktop. For example, a seated user can adjust the height of the worktop to accommodate his/her legs, and regulate the height of wall cupboards, so all the kitchen utensils are within easy reach.

### **Creating Space for Self-Reliance**

When people's independence is impaired, it impacts their quality of life. That is exactly why it is so important to create spaces, in which people can help themselves.

With no height adjustable solutions in the kitchen, wheelchair users and other people with reduced functional capacity are often precluded from taking part in kitchen activities. It may be hard to reach a pan on the stove without the risk of getting burnt. Items in cabinets may be out of reach, and the working position at the worktop may be

inappropriate. Flexible kitchen solutions that can be adjusted to suit the needs of the individual user enable any user to help with cooking and to be part of the community in the kitchen. The increased degree of self-reliance this provides enhances the quality of the user's life.

### **First-Class User-Friendliness and Safety**

Using a kitchen should be easy – and we have made sure that it is. Our height adjustable kitchens are user-friendly and feature intuitive operation. This makes taking part in kitchen activities easy and safe for users.

Our electrical solutions are fitted with safety rails on the worktops and the front edges and ends of the cabinets. They minimise the risk of fingers getting trapped, because the movement of cupboards and worktops stops if a person or object comes into contact with the safety rail - even if he or she is still pressing the control panel.

**READ MORE ONLINE ABOUT HOW WE  
TEST THE QUALITY AND SAFETY OF  
OUR PRODUCTS**

### **Better Working Environment for both Users and Assistants**

It is not only the user who benefits from better working conditions in a height adjustable kitchen. A height adjustable kitchen also benefits carers and staff by reducing the physical strain involved in assisting users. Quite simply, it enhances the entire kitchen experience for everyone involved.

### **A Flexible Solution Is a Secure Investment**

If there are several different users or users with progressive conditions who need to use the kitchen, height adjustable solutions are future-proof. The kitchen can be adjusted to accommodate an individual work situation or individual user, so there is no need to replace it when needs change.

Our flexible lifting devices fit the vast majority of standard kitchen units. That means you can use them, either when a brand new kitchen is being

installed or when an existing kitchen being modified for disabled use.

### **Different Needs Call For Different Solutions**

No two people are alike. That is why solutions should also be adapted to suit the people who use them. This is true, whether you are installing a kitchen in a care home, a private dwelling, a school or training kitchen, or in sheltered housing.

The lifting devices come with various operation options and can be fitted on worktops, freestanding units and wall cupboards. To ensure you choose the appropriate solution, we are always ready to provide advice throughout the entire process.

### **EXPLORE OUR PRODUCT RANGE ONLINE**

**FOR TIPS ON DESIGNING A FLEXIBLE KITCHEN,  
READ OUR ONLINE DESIGN GUIDE**

” *We are experts when it comes to putting together solutions to suit a particular project and the users who will be using the kitchen. That’s why we’re always ready to help you, and provide advice on everything from assessing requirements to choosing the right products*

*Karsten Hedeman Sørensen, Sales Consultant, Pressalit A/S*



# Accessible Assisted Living a stylish, safe solution

Blackwood House is located in Dundee, the fourth-largest city in Scotland. It houses six flats, adapted for people with various kinds of disability. Here, it is always about helping people to live a more independent life – partly through the use of technology.

## **Height Adjustment = Flexibility**

The progressive conditions of the residents or new residents moving into the flats require adaptable interiors.

That is why Blackwood decided to install Pressalit height adjustable kitchens in all their flats. The height adjustable wall cupboards and worktops enable all residents to be self-reliant in the kitchen – even if their needs change over time. Simply by pushing the button, they can adjust the height, so the kitchen immediately suits their needs



” *Pressalit’s solutions are perfect for the new assisted living facilities. The modern design is practical, it can be adapted to suit each person and bears no resemblance to the clinical solutions of the past.*

*Colleen Robertson, Marketing Manager, Blackwood Care Homes*



### **Cooking with room for everyone**

Both stoves and sinks are now within easy reach, since wheelchair users living in the flats can fit their legs under the worktops. Kitchen utensils in the wall cupboards are also now within easy reach, because the cabinets can be moved out from the wall and adjusted in height.

In the past, Blackwood had no wall cupboards in the kitchens, because they were not accessible. But now, thanks to Pressalit's technology, wall cupboards are a feature of the fully accessible kitchen - to the delight of the residents.

### **Excellent Cooperation**

When planning to design their fully accessible flats, Blackwood approached Pressalit. Blackwood chose Pressalit to supply their kitchen and bathroom solutions, because they were looking for the most flexible, functional and ergonomic solutions. After thorough advice and in-depth discussion and feedback, Blackwood selected the appropriate technical equipment and had it installed in their flats.

The collaboration is now continuing in more of Blackwood's new residential and renovation projects, where Pressalit's solutions are being installed as part of an overall vision to use technology to enhance the everyday lives of residents and helpers.

**[READ MORE TESTIMONIALS ONLINE](#)**

” *Blackwood is a great example of how the modern technology featured in our kitchens can tackle the fundamental challenges that care assistants, relatives and citizens encounter in their everyday lives.*

*Adam Southcott, Sales Consultant, Pressalit A/S*



# List height adjustable kitchens

View the entire  
product range  
online



## Product no. RK1012

Lift for worktop,  
electrically height adjustable

- Available in lengths 600-3000 mm
- Available with electric or manual height adjustment
- Height adjustment 680-980 mm (electric and manual)
- Worktop depth 600-700 mm



## Product no. RK1081

Lift for worktop, electrically height adjustable

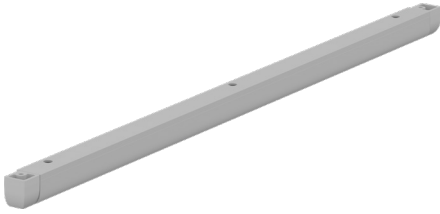
- Available in lengths 1400-3000 mm
- Available with electric or manual height adjustment
- Height adjustment 620-980 mm (electric), 630-930 mm (manual)
- Worktop depth 600-1000 mm



## Product no. RK1020

Lift for wall cupboard, electrically height adjustable

- Available in lengths 400-2400 mm
- Electric height adjustment 430 mm
- Wall cupboard height 500-706 mm
- During height adjustment, the cupboard also moves towards the user



**Product no. RK1090**

Safety bar for worktop, length from 701 to 1000 mm



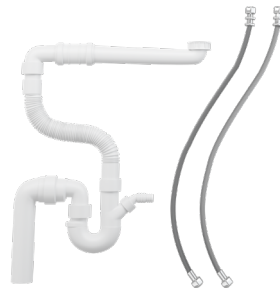
**Product no. RK1031**

Safety plate for wall cupboard, length up to 1200 mm



**Product no. RK1043**

Installation cover



**Product no. RK9071**

Covers and protects feed/waste system  
500/500 mm

Inlet hoses: 500 mm, discharge hose: 500 mm

## A Pressalit Height Adjustable Kitchen

- Can solve challenges for users, care assistants and building owners
- Can be installed in either a new or an existing kitchen
- Comes with electrical or manual stepless regulation
- Is fitted with safety systems to prevent fingers from getting trapped, so all users are guaranteed a safe environment
- Can be fitted with worktops and wall cupboards from a wide range of kitchen suppliers
- For safety, hygiene and aesthetic reasons, can be provided with solutions for covering plumbing and electrical installations
- Can be adjusted to suit any user or work situation

Need  
advice?  
Call us today

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## PRESSALIT SUPPORTS UNITED NATIONS GLOBAL GOALS AND UNICEF



## PREMIUM BATHROOM SOLUTIONS SINCE 1954

Pressalit A/S is a Danish privately owned company with production facilities in Ry, Denmark. Since 1954, we have been designing and producing toilet seats of the highest quality. And since 1975, Pressalit has also been developing accessible bathrooms and height adjustable kitchen solutions for people with reduced mobility. This has made us one of the world's leading manufacturers of premium bathroom solutions. High quality, flawless design and reliable functionality are the core features of our wide range of products.



Reservations are made for typographic errors, technical changes and model deviations.